



**Department of Oklahoma Blue Star Mothers of America, Inc.**

**P. O. Box 974**

Enid, OKLA. 73702-0974

580-977-9413

[www.bsm-okla-enid.org](http://www.bsm-okla-enid.org)



## **SUGGESTED CARE PACKAGE ITEMS**

### **CANDY**

Candy, heat resistant, individually wrapped  
Fruit Breezes (throat drops)  
Twizzlers

### **CORRESPONDENCE**

Writing Paper and Envelopes  
Pens/Pencils

### **DENTAL CARE**

Dental Floss  
Mouthwash, Travel Size  
Toothbrushes, Individually Wrapped  
Toothpaste, Individually Wrapped

### **DRINKS**

Coffee, Instant, Small Packages  
Coffee Creamer, Individual Packets  
Gatorade, Small Packages  
Pre-Sweetened Drink Mixes, Individual  
Tea Mixes, Bags, Individual  
Hot Cocoa Mixes

### **FOOD**

Crackers, Peanut Butter, Cheese, Saltines  
Pop Tarts / Chips  
Canned Fruit, Pull Tab Tops  
Cereal, Individual Serving  
Instant Oatmeal  
Energy Bars / Granola Bars/Breakfast Bars  
Sugar, Salt, Pepper, Individual Packets  
Cookies, Small Boxes or Individually Wrapped  
Microwavable Popcorn  
Chewing Gum  
Ramen Noodles / Soups  
Canned Meats – Tuna, Ham, Vienna,  
Potted Meat, etc., Pull Tab Tops  
Ravioli, Stew, Individual, Pull Tab Tops  
Condiments (Ketchup, Mustard, Mayo)  
Peanut Butter, Small Sizes or Individual  
Beef Jerky

### **GAMES / PRINTED MATERIAL**

Board Games  
Checkers, Yahtzee, Chess, etc., Travel Size  
Books (Novels, Short Stories, Westerns)  
Magazines  
Newspapers, Local  
Cards and Pictures from Children  
Playing Cards  
Puzzle Books / Jigsaw Puzzles, Small  
Frisbees  
Small Toys

### **PERSONAL HYGIENE/TOILETRIES**

Baby Wipes  
Nose Spray (Non Aerosol)  
Cold Water Wash (Woolite)  
Eye Drops  
Deodorant  
Foot Powder  
Feminine Hygiene Products  
Hairbrushes/combs  
Hand / Body Lotion  
Chapstick / Lip Moisturizers  
Q-Tips  
Shaving Brushes, Natural Boar Bristle  
Shampoo / Conditioner, Travel Size  
Razors, Disposable  
Shaving Cream, Non Aerosol  
Sunscreen, Non Aerosol  
Tissue Packets  
Toilet Paper  
Bath Soap

### **OTHER**

Plastic Spoons, Forks, Knives  
American Flags, Small  
Baggies - Sandwich, Quart, Gallon  
Batteries, AA, AAA, D, C  
Flashlights, mini, with batteries and extra bulbs  
Fans (Small battery operated with lots of batteries)  
Fly Strips  
Fly Swatters  
Socks, Cushioned  
Cool Ties  
Sweatbands, or Panty liners for Helmets  
Wash Cloths  
Insect Spray, Non Aerosol  
Super Glue  
Duct Tape  
Sunglasses, Shatter-Proof, Black, No Name Brand  
Shoe Insole Cushions  
Nail Clippers  
Shaving Brush, Natural Boar Bristle  
1" and 2" Paint Brushes  
Small Unbreakable Holiday Decorations  
International Phone Cards  
Small sewing kits  
Small First Aid Kits / Band-Aids

### **MUSIC**

CD Fanny Packs  
CD's / DVD's  
Tapes  
Harmonicas  
Kazoos